

Forest Kids Ball Hockey League

Divisions (birth year)

Mites – 2003-2006

Junior – 2000-2002

Intermediate – 1997-1999

Senior – 1994-1996



By signing up today you will receive;

12 weeks of Ball Hockey Action

Jersey / T-Shirt

- The League will run from May 3 – July 19 on Thursday Nights
- Game times will be from 6 - 930
- It will be 3 on 3 action
- Teams will be co-ed
- Games will take place @ The Shores Recreation Center.
- Cost will be \$50 a player.
- Teams will be made up of 9 players and a goalie.
- There will be a limited number of spots available so be sure to sign up early.
- Games will be 2 – 20 minute periods of running time.

For More Information
Please Contact Ryan Steven

Phone:

519-786-2142

E-mail:

ryansteven22@hotmail.com



If you are interesting in sponsoring a team or volunteering with a team please contact Ryan Steven (519-786-2142).

If you are interesting in becoming a referee for the FKBHL please contact Ryan Steven (519-786-2142).



FKBHL Rules

- 1- All players must wear helmets with full facemasks. All straps must be fastened to the helmet at all times. Failure to do so could result in a minor penalty.
- 2- Goalies must wear full equipment. (baseball gloves are acceptable)
- 3- Hockey, Lacrosse, or ball hockey gloves must be worn (no gardening gloves)
- 4- Games will be 2 – 20 minute periods of running time. Time will only stop for injuries.
- 5- **NO** Slap shots. Stick must stay below waist when taking a shot.
- 6- There will be no two-line pass rule (offside pass)
- 7- There will be no offside or Icing in the FKBHL.
- 8- Teams will change ends at the end of each period.
- 9- If the ball exits the playing area by the benches (blue line in) the team that last touched the ball will lose possession.
- 10- After each goal is scored there will be a faceoff at center ice.
- 11- Referees can ask players to replace their stick if it is damaged or splintered.
- 12- All Minor Penalties during the game as solved as penalty shots at the end of the game. 1 minor penalty = 1 penalty shot. 1 major penalty = 3 penalty shots.
- 13-
- 14- Body Checking will result in a minor penalty.
- 15- A delay of game will be given to any player or goalie intentionally shoots the ball of the playing surface. No penalty will be assessed if it shot by player's bench and places where there is no glass.
- 16- A player who stands on the ball will receive a 2 minute minor penalty for delay of game.
- 17- High sticking the ball is a 2 minute minor penalty or where the stick has been carelessly used. Glow swings with the stick are **not** permitted. A minor penalty will be called for high sticking.
- 18- Interference from the bench will result in a minor penalty.

19- Players are not permitted to stand in the goaltenders crease.

20- Any Fighting will result in a suspension from the league.

21- Threatening or trash talking a player may result in a game ejection at the referee's discretion.

22- Striking a referee or league official will result in an indefinite suspension. This includes excessive verbal abuse on or off the arena floor.

23- Referees decision is final. The League convener will be the only person that can overturn the referee's decision.

FKBHL

Registration Form

Name: _____ D.O.B: _____ Gender: _____

Address: _____ City: _____

Parents/Guardians: _____ Phone: _____

E-mail: _____ Alt Phone: _____

Emergency Contact: _____

Phone: _____ Alt Phone: _____

T-Shirt Size: Youth – S ___ M ___ L ___ XL ___ Adult: XS ___ S ___ M ___ L ___ XL ___

Goalie Jersey Size: _____

Jersey Number (1-99): Option # 1 - _____ # 2 - _____ # 3- _____

Players Position: _____ Shoots/Hand: _____

Ice Hockey Experience / Last Team Played for: _____

Suggestions For Team Names: _____

Parents Interested in Coaching: _____

In consideration of the Applicant's participation in Forest Kids Ball Hockey (FKBHL), the Applicant agrees that The Shores Recreation Center & the FKBHL, its properties, participants and employees, will not be responsible for any accident or loss however caused, and agrees to release them from all claims and damages which may arise as a result of such accident or loss. In the event that the Applicant is incapacitated, or if the Applicant is a child, I hereby give you permission to seek out any necessary medical assistance the Applicant may require while attending the program. In signing the application, the Applicant acknowledges that he/she has read and understands the conditions and certifies that he/she is in good physical and mental health.

Participant Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

I understand all the rules of the FKBHL and will playing within them.

Participant Signature: _____